

# Caro Milk Chocolate

Ingredients: Cocoa, cocoa butter, sugar, powdered milk, lecithin, vanilla

Nutrition Facts			
Serving Size 28g (1oz)			
Amount Per Serving:			
Calories:158		Calories from Fat: 87	
		% Daily Value*	
Total fat	10g		15%
Sat. Fat	6g		29%
Cholesterol	5mg		2%
Sodium	0mg		0%
Total Carb.	16g		5%
Fiber	.4g		2%
Sugars	14g		
Protein 2g			
Vitamin A 0%      •      Vitamin C 0%			
Calcium 4%      •      Iron 0%			
*Percentage Daily Value (DV) are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie intake.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	26g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	Less than	300g	375g
Dietary Fiber	Less than	25g	30g