

Parmigiano Reggiano

Raw Cow's milk, rennet, salt, enzymes

Nutrition Facts

Serv. Size 1oz (28g), 1 1/8" cube

Amount Per Serving:

Calories: 110 Fat. Cal. 70

% Daily Value*

Total fat 8g 12%

 Sat. Fat 6g 30%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 180mg 8%

Total Carb. 0g 0%

 Fiber 0g 0%

 Sugars 0g

Protein 9g

Vitamin A 4%

Vitamin C 0%

Calcium 30%

Iron 0%

*Percentage Daily Value (DV) are based on a 2,000 calorie diet.