

Perata

Ingredients: Pear, concentrated grape juice, lemon

Nutrition Facts			
Serving Size 1 T (20g)			
Amount Per Serving:			
Calories:40		Calories from Fat: 0	
			% Daily Value*
Total fat	0g		0%
Sat. Fat	0g		0%
Cholesterol	0mg		0%
Sodium	15mg		1%
Potassium	30mg		1%
Total Carb.	10g		3%
Fiber	0g		0%
Sugars	10g		
Protein 0g			
Vitamin A 0% • Vitamin C 1%			
Calcium 0% • Iron 0%			
*Percentage Daily Value (DV) are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie intake.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	26g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	Less than	300g	375g
Dietary Fiber	Less than	25g	30g