

Spanish Cocktail Mix

Corn nuts, Langueta almonds, fava beans, chic peas, vegetable oil, rice flour, sea salt

Nutrition Facts

Serv. Size 1/4 cup (25g)

Amount Per Serving:

Calories: 150 Fat. Cal. 60

% Daily Value*

Total fat 7g	10%
Sat. Fat 2g	8%
Trans fat 0%	0%
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 160g	5%
Total Carb. 17g	6%
Dietary Fiber 3g	12%
Sugars 1g	
Protein 5g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	6%
Vitamin E	4%
Phosphorus	8%

*Percentage Daily Value (DV) are based on a 2.000 calorie diet.