

# Apricot Almond Cake

<b>Nutrition Facts</b>			
Serving Size 28g (1oz)			
<b>Amount Per Serving:</b>			
<b>Calories:</b> 96	<b>Calories from Fat:</b> 29		
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	<b>% Daily Value*</b>		
<b>Total fat</b> 3g	5%		
Sat. Fat 0g	0%		
<b>Cholesterol</b> 0mg	0%		
<b>Sodium</b> 4mg	0%		
<b>Potassium</b> 313mg	15%		
<b>Total Carb.</b> 14g	5%		
Fiber 2g	8%		
Sugars 8g			
<b>Protein</b> 2g			
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Vitamin A 1%	Vitamin C 0%		
Calcium 3%	Iron 5%		
*Percentage Daily Value (DV) are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie intake.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	26g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	Less than	300g	375g
Dietary Fiber	Less than	25g	30g