



FOREVER CHEESE • A Passion for Great Taste
 36-36 33rd St. Suite 307; Long Island City, NY 11106
 Phone (718) 777 0772 • Fax (718) 361 6999
 Web <http://forevercheese.com/>

Bettelmann

Semi Firm Cow's Milk Cheese
 Aged Over 60 Days

Ingredient Statement: Raw Cow's Milk, Salt, Rennet, Cheese Cultures. Inedible Rind.

Nutrition Information:

Nutrition Facts	
Varied servings per container	
Serving size 1 oz (28g/1 in cube)	
Amount Per Serving	
Calories	110
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	27%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	11%
Sodium 220mg	10%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0.2mcg	0%
Calcium 154mg	12%
Iron 0mg	0%
Potassium 18mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

While diligent care is used to ensure the information contained herein is accurate and true to the best of our knowledge, this constructed information should not imply any representation or warranty for which we assume legal responsibility, including and not limited to, any limitations, completeness, non-infringement of third party intellectual property rights. Information contained herein is subject to change without further notice. It shall be the responsibility of the user to determine the suitability of our products for the user's specific purposes and the legal status for the user's intended use of our products.