



FOREVER CHEESE • A Passion for Great Taste

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Lou Bergier Pichin

Semi-Soft Cow's Milk Cheese

Aged Over 60 Days

Ingredient Raw Cow's Milk, Sea Salt, Thistle Flower. Vegetable Rennet.

Statement:

Nutrition Information:

Nutrition Facts	
Varied servings per container	
Serving size 1oz (28g/1 in. cube)	
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 8g	11%
Saturated Fat 5g	23%
Trans Fat 0g	
Cholesterol 30mg	11%
Sodium 560mg	24%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 160mg	12%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

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