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## Parmigiano Reggiano DOP

Hard Cow's Milk Cheese Aged 2-5 years

Ingredient Raw Cow's Milk, Salt, Rennet. Calf Rennet. Statement:

## **Nutrition Information:**

Varied servings per conta	iner
Serving size 1	tbsp (5g)
Amount Per Serving Calories	20
% D	aily Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 30mg	1%
Total Carbohydrate Og	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D0mcg	0%
Calcium 60mg	4%
Iron Omg	0%
Potassium 5mg	0%

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