

## Spanish Cocktail

*Creative Snack Mix*

**Ingredient Statement:** Corn Kernels, Fava Beans, Chickpeas, Valencia Almonds, Sunflower Oil, Rice Flour, Sea Salt.

**Nutrition Information:**

<b>Nutrition Facts</b>	
Varied servings per container	
<b>Serving size</b>	<b>1/3 cup (30g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>150</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 1g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1.1mg	6%
Potassium 160mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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