

## CARMEN Manchego DOP

*Hard Sheep's Milk Cheese*

Aged 12 Months

**Ingredient** Pasteurized Sheep's Milk, Salt, Rennet, Cheese Cultures, Lysozyme (from egg white).  
**Statement:** Calf Rennet.

### Nutrition Information:

<b>Nutrition Facts</b>	
Varied servings per container	
<b>Serving size 1 oz (28g/1 in cube)</b>	
<b>Amount Per Serving</b>	
<b>Calories 120</b>	
<b>% Daily Value*</b>	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 8g	<b>38%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 221mg	15%
Iron 0mg	0%
Potassium 22mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

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