



FOREVER CHEESE • A Passion for Great Taste

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FAVAS

Ingredient Statement: Fava Beans, Sunflower Oil, Salt.

Nutrition Information:

Nutrition Facts	
Varied servings per container	
Serving size	1/3 cup (30g)
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 3.5g	17%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 14g	5%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 26mg	4%
Iron 0.4mg	6%
Potassium 190mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

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