

Fig Jam

Mermelada de Higo

Ingredient Statement: Pajarero Figs & Lemon Flower Honey.

Nutrition Information:

Nutrition Facts	
Varied servings per container	
Serving size	1 tbsp (17g)
Amount Per Serving	
Calories	30
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 7g	3%
Dietary Fiber <1g	1%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 0.4mg	2%
Potassium 0mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

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