

## Gran Kinara®

Hard Cow's Milk Cheese Made with Thistle Flower  
Aged Minimum 14 Months

**Ingredient Statement:** Raw Cow's Milk, Sicilian Sea Salt, Vegetable Rennet (from Thistle Flower).

### Nutrition Information:

<b>Nutrition Facts</b>	
Varied servings per container	
<b>Serving size</b>	<b>1 tbsp (5g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>20</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 35mg	<b>1%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 53mg	4%
Iron 0mg	0%
Potassium 17mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

While diligent care is used to ensure the information contained herein is accurate and true to the best of our knowledge, this constructed information should not imply any representation or warranty for which we assume legal responsibility, including and not limited to, any limitations, completeness, non-infringement of third party intellectual property rights. Information contained herein is subject to change without further notice. It shall be the responsibility of the user to determine the suitability of our products for the user's specific purposes and the legal status for the user's intended use of our products.