

Marcona Almonds

Fried and Salted

Ingredient Statement: Marcona Almonds, Sunflower Oil, Sea Salt.

Nutrition Information:

Nutrition Facts	
Varied servings per container	
Serving size	25 pieces (30g)
Amount Per Serving	
Calories	200
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 5g	2%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 1.4mg	8%
Potassium 220mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

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